



# Parenting Today Forward Collaborative Problem Solving

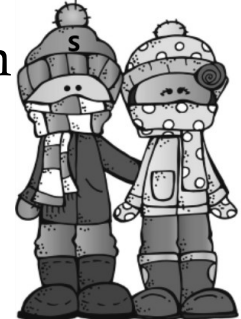


## ONA Winter 2019 Class Schedule ONA

A free parenting support group that focuses on families and caregivers of

teens and children struggling with difficult behaviors such as:

- ⇒ Getting frustrated easily with life
- ⇒ Hurting themselves or others
- ⇒ Acting out at home and school



**Winter classes are at the following locations.**

<u>Albany</u>	<u>Lebanon</u>	<u>Sweet Home</u>
<b>Thursdays:</b> Afternoon: 12:30pm - 2:30pm Evening: 5:45pm - 7:45pm  First United Methodist Church, 1115 28th Ave. SW.  Jan. 10 - Mar. 14 10 week classes	<b>Tuesdays:</b> 9:30am - 11:30am  Church of the Nazarene, 600 W. D Street.  Jan. 8 - Mar. 12 10 week class	<b>Tuesdays:</b> 9:30am - 11:00am  Freedom Hill Church, 2470 Main St.  Jan. 8 - Mar. 12 10 week class


To register, please call a Group Involvement Volunteer at (541) 704-0221 or (541) 730-8716



Children's activities provided on-site at some locations.

We have an open-door policy. You do not have to attend the first day of groups, so please come when you can.



Sponsored by "OneIIAnother"   
 For more information please visit [www.parentingtogether.us](http://www.parentingtogether.us)  
 or call (541) 704-0221 or (541) 730-8716

