



Parenting News



We are a group of parents in Linn County who want to be supports to other parents. We have difficult kids or kids with difficult behaviors, and have felt alone, misunderstood, isolated, confused, frustrated, and everything in between. Support with other parents has been a lifeline, and reminded us that we do not have to be alone.



Frugal Family Outings



By Becky Adams & Monica Potter

***Movie, Swimming, & Snacks:** The Albany Community Pool has a movie night in the pool for \$10 per family (up to 6 people). 7pm – 9pm Friday March 15 and April 12

***In Salem, AC Gilbert's Discovery Village** has an access rate for people receiving public assistance (including WIC, CHIP, OHP, TANF and SNAP): admission is \$3 each. Lots of hands on activities: recycled art, dress-up, pretend play, frozen shadows, and bubbles: you can even make bubbles with hula hoops! There is a large fenced in playground outside, with slides and a sand box.

***Arcade Games & Pizza:**

Bullwinkle's in Wilsonville has a special "Eat n' Play Combo." Valid Monday thru Thursday you get unlimited video games for 4 people (not valid for the ticket dispensing or merchandise games) and a large cheese pizza for \$20. Dance, Dance Revolution, Big Buck Hunter, and air hockey were a big hit: hours of entertainment for the little kids, teenagers, and adults!

Other spring fun opportunities:

Monday 25th

***Learn to swim week** at YMCA free must pre register 541-926-4488

***Schools out swim** Albany community pool 1-3pm \$3 youth \$3.50 adult or \$10 family 541-967-4521

Thursday 28th

***Linn Benton food share** monthly repack. Open house

gives all a chance to help out families encouraged large groups please call (541)752-1010 Susan James
***Scott's Open House** main library in Albany 4-6pm free retirement party for long time children's librarian Scott keenly (541)917-7580

Saturday 30th

***Chianti mini kennel club** akc dog club at expo center free but \$5 parking 8am - 6pm www.chintiminikennelclub.com for details
***Easter egg roll** crafts and scavenger hunt Monteith river park 10am (541)928-2469
***YMCA talent show** 4-6pm \$15 non member entry fee call for more info and to pre register.

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Activities

- 3/21 - 3/24: NW Horse Fair & Expo @ Linn County Fair & Expo Center \$10 Adults, \$5 children, Free for children under 5. Visit www.equinepromotions.net for more information and times.
- 3/25: Movies on the Big Screen. Lebanon Public Library 11 am to 2 pm. Free
- 3/26: Junk Art Day Lebanon Public Library 1-3 pm. Come and make some art. Free
- 3/28: Red Yarn Puppet Show. Lebanon Public Library at 11 am. Free
- 4/3: Early release Wednesday, Albany Downtown Library 2:50-3:50 pm Learn printmaking using foam plates. Space limited to first 50 kids. Free.

A Generation of Genius

By Cye Larson

Thomas Edison's parents would have loved Collaborative Problem Solving.

Before doctors had labels for what our children face, it was just called bad behavior, and young Thomas Edison displayed a great deal of it. Observations made by his teachers showed that he was a constant daydreamer. And he

wasn't the only famous person who missed out on countless lessons while getting lost in thought. Nikola Tesla (famous electrical engineer, inventor), Robert Frost (famous poet) and Frank Lloyd Wright (famous architect) were all heavy daydreamers.



The following is a list of behaviors that worried Thomas Edison's teachers: Inattentiveness, inability to finish projects (DaVinci was famous for this), hyperactivity (Hemingway and Tesla suffered from this too), difficult temperament, deficient social skills, different learning

style, sensation seeking and a sloppy appearance. Do any of these sound familiar to you?

So the next time your kid is acting up and you're at the end of your rope, it might help to think you may be parenting the next Edison.

Common Items, Uncommon Uses (Part 3)

By Monica Potter

Banana Peels-

Fertilizer- bury peels no more than one inch deep around rose bushes. If you have lots you can add them to the compost pile to deliver a good dose of phosphorus and potassium.

Emergency shoe shine- rub the inside of the peel onto leather shoes then clean and buff with a napkin for a last minute job.

Chalk-

Rust preventer- put pieces of chalk inside your toolbox to eliminate

moisture thus preventing rust.

Grease remover- rub chalk on a grease spot on clothing or table linens let it absorb the oil the brush off. If the stain lingers rub with chalk again right before laundering.

Metal polish- wipe metal with chalk dust on a damp cloth. This also works with marbles, just wipe with cloth and then rinse.

Repellant- scatter powdered chalk around garden plants to ward off ants and slugs.

Easter Egg Sensory Game

You can buy empty plastic Easter eggs from the dollar store, then fill them with various items such as rice, beans, crinkle wrapped candy etc. Challenge kids to identify the contents by the sound the eggs make when shaken. You can also fill the eggs in pairs and have children match the sounds.



Family Fun!!!

Shamrock pie

By Mellie Meston

- Graham cracker crust
- Banana cream pudding
- Green food coloring
- Marshmallow cream
- Green sprinkles
- Green mini marshmallows

directed and add 4 drops of green food coloring. Put in graham cracker crust. Place in refrigerator and let set. Mix food coloring into marshmallow cream. Add to set pie. Decorate with sprinkles and green mini marshmallows.



Make banana pie filling as

Easter Jokes

Q: How many Easter eggs can you put in an empty basket?

A: *Only one – after that it's not empty any more!*

Q: Why shouldn't you tell an Easter egg a joke?

A: *It might crack up!*

Q: How does the Easter Bunny keep his fur neat?

A: *With a hare brush!*

Q: Why did the Easter Bunny cross the road?

A: *Because the chicken had his Easter eggs!*



Upcoming Class Schedule

Spring Classes!

Albany—Thursdays beginning April 11th from 5:45 to 7:45 at Eastside Community Church at 1910 Grand Prairie St. in Albany

Lebanon—Tuesdays Beginning April 9th from 12:30 to 2:30 at The Free Methodist Church located at the corner of F and 7th in Lebanon

Comments, questions? Contact us by phone or through e-mail: 541-971-0246 or parentingquestions@hotmail.com. To submit an article or feedback, or to sign up to receive this newsletter via email, write to pneditors@gmail.com or talk to Crystal Rowell.

