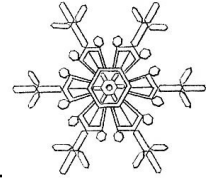




Parenting News



We are a group of parents in Linn County who want to be supports to other parents. We have difficult kids or kids with difficult behaviors, and have felt alone, misunderstood, isolated, confused, frustrated, and everything in between.

Support to and from other parents has been a lifeline and reminded us that we do not have to be alone.

Comments, questions? Contact us by phone: 541-730-8716 or 541-971-0246 or e-mail: questions@parentingtogether.us. To submit articles or feedback, or to sign up to receive this newsletter via email, write to fsveditors@gmail.com or talk to Robin Veek.

Thanksgiving

Volume 5, Issue 15

January 2016

By Crystal Rowell

Thanksgiving brings to mind images of family seated around a table sharing a meal together. Talking laughing, sometimes fighting, but always bonding. This year, the Family Support Volunteers organized a turkey dinner where we could bring our families and enjoy a meal with people who have become our family. We all brought or contributed to the meal and had way more than enough food for everyone.

There were 78 people in total at our turkey dinner including adults and kiddos. I am happy to say there was little to no fighting. It was so nice to gather with friend and their families and to feel the warmth of the holiday season with people who care about each other.

I am so proud to belong to a group who takes the time to enjoy each other's company. In all the rush of preparing for Thanksgiving and Christmas (or Hanukkah, or Kwanzaa, or other winter holidays) this group took the time to add another dinner to the schedule and come together to celebrate not only the holiday, but the relationships that we have built. It was amazing.

A Story Written Collaboratively

By Hollee, Payton, Adelia, and Talia,

Once upon a time there was a cowboy and a queen and they liked ice cream and played outside with ice cream. And there Fluffy Darangon named A.u.n.t. The Queen rode the dragon with a unicorn by her side to help with interpreting French GPS lady and they came across a wild human that lived on the way to their house again. They lived on the planet Paradox. After they met the wild-man, they climbed a tree and ate mangos with their feed until monkeys stole them. Their dragon flew off without them. So they levitated to the beach with seamonkeys. When they got home a house that burned down in their neighborhood was being remodeled. The workers were yellow polka dotted faces and they built a time machine. They went in it and POOF! they broke time in one moment. Then aliens appeared from Nowhere followed by the TARDIS and the unicorn and the cowboy destroyed the aliens. The unicorn and the cowboy rescued the TARDIS from the aliens. The queen died but was resurrected, as an alien that the cowboy and the unicorn effortlessly teleported away to Krypton and married Superman. They had 5 super kids and they lived happily ever after.

The End.

Winter 2015-2016 Groups

Albany—Thursdays, 9:15am to 11:15am and 5:45pm to 7:45pm, First United Methodist Church, 1115 28th Ave. SW. Both begin January 14th.

Lebanon—Tuesdays, 12:30pm-2:30pm and 5:30pm to 7:30pm at the Free Methodist Church located at 580 F St., beginning January 12th.

Sweet Home—Tuesdays mornings from 9:30am to 11:30am at First Baptist Church, 2470 Main St., starting on January 12th.

Youth Activities available at Albany and Lebanon locations.

If you have questions, please call 541-730-8716 or 541-971-0246, or visit: parentingtogether.us

Recipe: Bacon Broccoli Soup

Ingredients:

- 1.5lbs bacon
- 2 small bags frozen broccoli
- 3lbs cheese
- 1/2 gallon half-and-half
- 1 box chicken stock
- 1 large onion
- Parmesan (optional)

Directions:

- Combine chicken stock and broccoli in a large Crockpot.
- Cube or shred cheese and add to pot, stirring occasionally.
- Chop onion and add to pot. Add half-and-half.
- Cut bacon into small pieces. Fry, drain, and add to pot.
- Add Parmesan to taste.
- Heat until cheese is melted and veggies are tender.



Winter Words

W G M T G L O V E S Y R E E V
 T A D M F X M S L K S K P E T
 I R S A M J Z N V T A R D B C
 H K E S Y N K O U L S Q L I R
 L F R A C S G W F N C O D O E
 L S N G K F P W U A H S R C M
 T R X V F V O O A Q O L N F C
 U W V N N N H M H D C L D Q H
 P B R N S R O A S H O A K Y O
 K V M A Z W T N N E L B Y H H
 T J N E Z O R F O H A W L S Z
 D S G K N N J Y W M T O C Y H
 G X P Q F S T W M K E N F I O
 C N P N G I J R A A T S L X X
 H A L D I V K M N E N I G N O

- SNOWFLAKE
- SNOW
- FROST
- FROZEN
- GLOVES
- HAT
- SCARF
- SNOWMAN
- SNOWWOMAN
- HOT
- CHOCOLATE
- SNOWBALLS

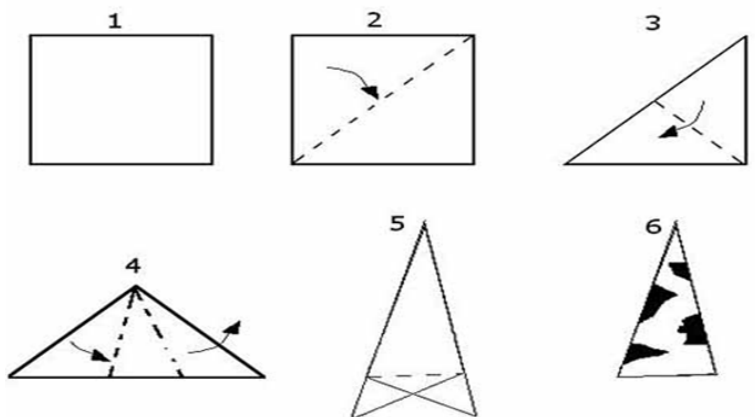


Draw or write here what you like best about winter.

How to make a snowflake

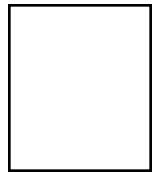
You will need some paper and scissors (ask a parent or adult first).

1. Get a piece of paper that is the shape of a square.
2. Fold your piece of paper so that it looks like a triangle.
3. Now fold it again,
4. Fold it from one corner, and then fold the other corner.
5. Hopefully, it looks like this. Cut off the excess paper that you see in this step.
6. The last thing to do before you start cutting is to color in some shapes on your triangle.



Each snowflake will be your own design and a cool surprise when you finally open it up and see what it looks like!

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